CLINIQUE
Cocor Clinique is an innovative and stylish centre dedicated to natural health care. Our team of expert doctors and qualified therapists will give you a detailed consultation before drawing up a customized programme for impressive, measurable results. Our main concern is to help you reach your health goals and lead you away from unhealthy habits. You can combine your medical programme with all our wellness rituals and enjoy a complete and regenerative Cocor Experience.
BALNEO  Vitality
Programme 6 / 12 / 18 days - 1050 / 1760 / 2250 Lei

Recommended for conditions associated with a sedentary lifestyle, this programme rejuvenates and relieves stiff muscles, assists the relief of locomotory system conditions, arthritis, lower back and neck stiffness, circulatory problems, psoriasis, gynaecological complaints, eye, nose and throat problems, physical and mental fatigue. The programme will be tailored depending on your needs and the doctor’s recommendations.

3 therapies/ day
Your programme will be tailored to your needs and the doctor’s recommendations, selecting from a range of therapies: Sapropelic Mud Wrap/ Mud bath/ Mud Massage/ Herbal Bath/ Hydromassage Bath/ Underwater shower/ Therapeutic Massage/ Vichy Shower kynetotherapy/ electrotherapy/ Aqua aerobics/
**BALNEO**  Spa Rheuma

Programme 6 / 12 / 18 days – 790 / 1330 / 1690 Lei

Generally recommended for all complaints associated with the skeletal and locomotory system – rheumatism, degenerative (osteoarthritis) and inflammatory rheumatic diseases, spinal complaints, neck pain, lower back pain, sciatica. An individual programme is tailored to help you achieve your health goals.

4 therapies/day

Sapropelic Mud Wrap/ Mud bath/ Mud Massage/ Herbal Bath/ Hydromassage Bath/ Underwater shower/Therapeutic Massage/Vichy Shower/ kynetotheraphy/electrotherapy/ Aqua aerobics/
ANTI-STRESS  Anti-stress Thalassotherapy
Programme 5 / 10 / 15 days – 875 / 1470 / 1950 Lei

A programme to relieve everyday stress and to harmonise the body’s systems, with particular benefits for the nervous system and general state of mind. Recommended for nervous tension, stress, burnout, headaches, sleep disorders, physical and mental fatigue and lack of energy.

4 therapies/ day
Your programme will be tailored to your needs and the doctor’s recommendations, selecting from a range of therapies:

Hydromassage Bath/ Underwater Shower/ Relaxing Massage/ Vichy Shower/ Aroma Pearl Bath/ Herbal baths/ Magneto therapy/ Aqua aerobics/ Sun Greeting
DETTOX
Programme 6 / 12 / 18 days – 1650 / 2400 / 2950 Lei

This programme is designed to cleanse certain toxins from the body. Improves lymphatic and blood circulation, supplies various organs and skin with vital oxygen, optimises the metabolic system, stimulates the immune system and supports the slimming process. Improves skin quality, balances and harmonises the nervous system and provides a feeling of improved health and energy, a “renaissance” of mind and body.

4 therapies/ day.

Your programme will be tailored to your needs and the doctor’s recommendations, selecting from a range of therapies

Enzyme Therapy and Hydrocolon Therapy (compulsory)

“Bazna” Salt Hydromassage Bath/ Sapropelic Mud Wrap/ Bath/ Aqua aerobics/ Lymph-drainage Massage Herbal Bath/ Vichy Shower Massage/
SLIMMING
Thalasso Slimming Programme 6 / 12 / 18 days – 1900 / 2650 / 3250 Lei

Get in shape with our Thalasso Slimming Program which combines Thalasso treatments, exceptional body care with sea extract products and specialized slimming massages to slim and detoxify your body in the most natural way. Aqua aerobics will tone your muscles with minimum effort and improve your fitness. The benefits of this program are enhanced by a gentle diet to help you achieve perfection. A five or six day programme is recommended.

4 therapies/ day
“Bazna” Salt Hydromassage Bath/ Vichy Shower/ Underwater Shower/ Herbal Bath / Sapropelic Mud Wrap/ or Bath/ Aqua aerobics/ Massage / Hydrocolon Therapy/ Power Gym/ Nordic Walking
HEALTHY - AGEING

You can benefit from the most powerful tool of Dr. Aslan’s anti-ageing cure: GEROVITAL H3® injections and tablets.

Gerovital H3 is recommended for those who want to get older without getting old.

In the Fifties, Professor Dr. ANA ASLAN developed an improved PROCAINE compound, based on an original formula.

The complex effects of Gerovital H3 are due to its activity both at central and autonomic nervous system level and at cellular level, by stimulating tissue regeneration and by improving metabolic processes. Gerovital H3® is a powerful antioxidant, a free-radical quencher.

Delaying the ageing process and as a preventive and curative solution for chronic degenerative diseases, Aslan’s treatment has been shown to be efficient in all of the following: chronic fatigue syndrome; problems concerning attention, concentration and in balancing neuro-vegetative dystonias; sleep disorders; osteoarthritis, degenerative rheumatism, osteoporosis; sexual management and improving sex drive; cerebral and peripheral arteriosclerosis; moderate and light depression; the treatment of post-infarct patients and hemiplegia; Parkinson’s, alopecia, and skin ageing.
GeroVital 12-Day Programme - 1300 Lei
The programme includes the alergy tests, Gerovital shots, 2 Balneo Therapies/day, Medical check-up, ECG, blood and urine check-up

GeroVital 18-Day Programme – 1750 Lei
The programme includes the alergy tests, Gerovital shots, 2 Balneo Therapies/day, Medical check-up, ECG, blood and urine check-up